

Course duration

- 2 days

Course Benefits

- Learn to learn how to inspire motivation among team members.
- Learn to learn how to manage stress.
- Learn to learn how to create alliances.
- Learn to learn to reconcile a variety of work styles.
- Learn to learn how to maintain the project and yourself in difficult situations.

Course Outline

1. Project Management and the Four Relationships
 1. Defining the New Project Management
 2. The General Management Side of Project Management
 3. Linking Project Success to Project Management Relationships
 4. The Four Big Relationships
2. How We Are with Others
 1. People Orientation
 2. Interpersonal Orientation Assessment
 3. Understanding the FIRO-B Assessment
 4. Taking Initiative to Build Project Relationships
 5. Developing Greater Awareness of How Others Feel
 6. Expressing Interest and Concern for Others
 7. Pursuing Project Results Appropriately
 8. Maximizing Your Individual and Group Interactions
3. How We Are with Ourselves
 1. Introduction to Centeredness
 2. Leveraging Assets and Liabilities
 3. Enhancing Emotional Self-awareness
 4. Tapping into Internal Motivation
 5. Dealing with Stress Effectively
 6. Thriving on Change
4. Development Planning
 1. Creating a Personalized Development Plan
5. Summary and Conclusion
 1. Where We've Been
 2. Where to Go Next

Class Materials

Each student will receive a comprehensive set of materials, including course notes and all the class examples.